### US SPORTS READINGTON PICKLEBALL CLASS DESCRIPTIONS 2025

#### **Pickleball: Beginner Class**

Our Beginner Pickleball Classes provide the perfect introduction to the sport for those who are new or just starting to develop their skills. Classes focus on building confidence through fun, structured activities that cover the fundamentals of pickleball, including serving, ground-strokes, and dinking. Players will also learn the basics of scoring, rules, and court positioning. With a focus on consistency and proper technique, participants will leave feeling prepared to enjoy recreational play and continue their pickleball journey.

### Highlights:

- Intro to rules, scoring, and strategies
- Skill development in serving, volleys, and returns
- Fun challenges and match play to reinforce learning
- Free Dri-Fit Shirt

### This class is perfect for players with a skill rating of 1.0 - 2.0

Players must bring their own paddle. All other equipment is provided.

### **Pickleball: Intermediate Class**

Take your pickleball skills to the next level with our Intermediate Programs, designed for players who have mastered the basics and want to enhance their consistency, technique, and strategies. Classes focus on improving shot accuracy, developing advanced strokes like volleys and dinks, and building stronger court positioning and game tactics. Through engaging drills, match simulations, and competitive play, participants will sharpen their skills while gaining confidence in their abilities.

#### **Highlights:**

- Emphasis on shot placement, volleys, and dinking strategies
- Introduction to advanced techniques and tactics
- Fun, fast-paced match play scenarios
- Free Dri-Fit Shirt

### This class is perfect for players with a skill rating of 2.0 - 3.5

Players must bring their own paddle. All other equipment is provided.

## **Pickleball: Advanced Classes**

Our Advanced Pickleball Programs are tailored for experienced players looking to refine their skills, master advanced techniques, and compete at a higher level. Classes focus on precision shot placement, spin techniques, and strategic point construction. Participants will engage in fast-paced drills, competitive match play, and game analysis to develop strategies that outmaneuver opponents. Ideal for those preparing for tournaments or advanced leagues, these sessions will challenge players to elevate their performance.

# Highlights:

- Advanced techniques like spin, slice, and overheads
- Tactical game planning and situational strategies
- High-intensity drills and competitive match play
- Free Dri-Fit Shirt

This class is perfect for players with a skill rating of 3.5 - 5.0

Players must bring their own paddle. All other equipment is provided.