



KARATE CLASS POLICIES & PROCEDURES

When you arrive at class (do not enter until the black belts arrive):

- Traditionally when you enter or leave the dojo you should bow out of respect.
- Please enter the room quietly and take off your shoes and socks.
- Make your way to a spot on the floor and begin to stretch.

This pre-class time is a moment of preparation and should be as peaceful and quiet as possible.

If you or your child needs water or the bathroom please try to do that before entering the room.

We welcome family groups and parent/child duos in the class. If you are attending as a parent with a young child, please help your child understand this process. Karate is about respect and discipline, and it begins when you enter the room.

We are guests at the school and need to be respectful of the building and any other people using it that evening. We ask that no one climb on the cafeteria tables. Voices should be kept at a reasonable volume both to set the tone for the class and as a sign of respect to others in the building.

Non-participating siblings are not permitted in the class. If you are dropping off a child and have siblings with you, you may be asked to wait outside the cafeteria.

If someone other than a parent is picking your child up from class you must tell the instructor and that person should be prepared to show ID at pickup.

If you have any questions feel free to speak to Tom at class or email the Rec Office at readingtonrecoffice@gmail.com or call the office at 908-534-9752.

We hope everyone enjoys this special class!