

# READINGTON RECREATION

# RECRECREATION COACHES FREQUENTLY ASKED QUESTIONS

Thank you for your interest in volunteering to coach for Readington Recreation. Please read this FAQ document and if you have further questions contact Brian VanDongen, Assistant Director of Recreation at programsreadington@gmail.com or at 908-534-9752.

## I am interested in being a coach. How do I sign-up?

- Fill out a coach's application found on the website home page under COACHES CORNER.
- Application will be sent directly to the Recreation Office and someone will contact you.

### What are the requirements for becoming a coach?

- All first-time coaches must complete the Rutgers SAFETY Course and have a background check.
- The Rutgers SAFETY Coaches Clinic confers a lifetime certification which protects you from civil immunity as a volunteer coach. Readington Recreation offers the clinic seasonally at no cost to the volunteer coach. Clinic dates are available in the seasonal brochures.
- The background check consists of fingerprinting. You must complete this even if you have been fingerprinted for another organization.
- You do NOT need to be CPR certified though Readington Recreation encourages anyone who is interested to pursue that on their own.
- For TRAVEL SOCCER and TRAVEL LACROSSE there are other requirements. Please email Brian for information.

#### What are my responsibilities as a coach?

- Prior to the start of each season, Readington Recreation will provide coaches with a team management sheet specific to each sport.
- The basic responsibilities of a coach include: initial communication to parents welcoming them to the team (a template is provided by Readington Recreation), management of practices and game lineups, and communicating with parents throughout the season.

#### What are the time commitments of being a coach?

• Each sport is slightly different, but on average, coaches can expect a time commitment of 3 to 5 hours per week at games, practices, and small team management tasks. You may ask an assistant coach or team parent to help with emails.

## Can my High School student coach?

- High school students age 17+ can assistant coach.
- High school age coaches will need to take the Rutgers Course.
- High school students under the age of 18 do not need to be fingerprinted.
- Volunteer coaching can count for community service hours.

## Do I have to have experience playing or coaching the sport I want to coach?

• Not necessarily. We will train you to coach. Please call us to discuss!

## If I volunteer to coach, will my child be assigned to my team?

Yes!